



Summer / Fall 2018



OHIO LABORERS Benefits

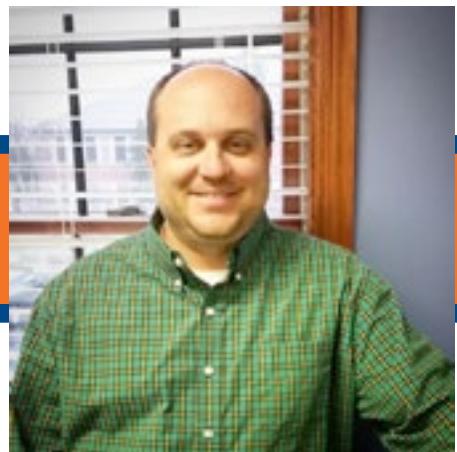
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The newsletter for participants of the LDC&C Pension Fund of Ohio and the OLDC-OCA Insurance Fund

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Message from the Administrative Manager

Merriam-Webster defines "fringe" as something that is marginal, additional, or secondary to some activity, process, or subject. For decades, we have included "fringe" in our name – Ohio Laborers' Fringe Benefit Programs. But are the benefits administered by this office still considered "fringe?" I would argue that, in many cases, they are absolutely necessary.

OLDC-OCA Insurance Fund

Beginning in 2014, the Patient Protection and Affordable Care Act ("Obamacare") required every American to maintain at least some health insurance coverage, whether through an employer sponsored health plan, a governmental plan, or some other insurance plan. Whatever your thoughts may be of Obamacare, the law put talk of health insurance coverage into everyday conversations. But members who were eligible for the OLDC-OCA Insurance Fund didn't have to worry about this requirement – the Insurance Fund was well positioned to satisfy all the requirements of the law.

LDC&C Pension Fund of Ohio

For many of our younger participants, the Pension Fund isn't something that is often thought about. But, for many of our more than 8,000 retirees, the Pension Fund represents much more than a fringe benefit – it may be the only source of income after retirement. At the minimum, it represents a source of income that can help with life expenses until Social Security payments can be received.

Ohio Laborers' Training & Apprenticeship Fund

For journeymen and women, education provided by the Training Fund can provide expanded job opportunities and the ability to stay current with changing technologies in the industry. For apprentices, training classes are mandatory to advance a laboring career (and a paycheck!).

Ohio Laborers' Fringe Benefit Programs → Ohio Laborers Benefits

Since the benefits we administer are less and less "fringe," we have decided to drop that reference in our name. Ohio Laborers' Fringe Benefit Programs is becoming Ohio Laborers Benefits. You will start to see the new logo and references (including in this newsletter!). But it will be a gradual change. We already have quite a bit of supplies with "OLFBP" printed – letterhead, envelopes, etc. We are not going to waste Fund money by switching to the new name and logo all of the sudden – we are going to use up the supplies we have and phase in the new name over time. Plus, our website (www.olfbp.com) will remain the same for a while.

While we may be changing our name and look, the staff at Ohio Laborers Benefits remains committed to providing the best customer service to our members!

Sincerely,

Matt Archer

HUMANA MEMBERS: CONNECT WITH A DOCTOR ALMOST ANYWHERE – ANYTIME



Just Like Our Active Population, Our Humana Members Now Have Access To A Doctor From Virtually Anywhere.

Connect with a doctor within minutes. Get care for minor illnesses like a cold, sinus infections, allergies, and other non-emergency medical conditions – without having to leave your couch. This service is **FREE** to our Humana Members.

Three ways to connect to a doctor:



Online at
MDLive.com/humanamedicare



Call: 1-888-673-1992



Download the MDLive mobile app from the App Store or Google Play (internet access required, data fees may apply)

What is Telemedicine?

Telemedicine is a virtual doctor's appointment for non-emergency medical conditions such as bronchitis, sinus infections and rashes. Telemedicine should not replace your primary care provider, but can be used in non-emergency situations when your primary care provider's office is not available or convenient.

When should you use it?

- For a non-emergency issue, instead of going to the emergency room or an urgent care.
- During or after normal business hours, nights, weekends, and even holidays.
- If you're traveling and in need of medical care.

You will even have the option to share the records from your telemedicine visit with your primary care doctor.

Who are the doctors?

Humana has teamed up with MDLIVE, a group of in-network doctors, to provide non-emergency medical care. On average, MDLIVE doctors have 15 years of experience practicing medicine and are all U.S. based and U.S. board-certified. MDLIVE doctors are committed to providing convenient, quality care and are always ready to visit with you.

Humana[®]

FOCUS ON WELLNESS

Food Safety Education

Every year 1 in 6 Americans get sick from foodborne illnesses or food poisoning. Of that 48 million people that get sick – 128,000 are hospitalized and 3,000 die from eating contaminated foods. Foodborne illness is a common and costly public health problem. In most affected individuals, symptoms include vomiting and diarrhea. In severe cases, it can involve life-threatening complications such as organ failure.



You can get food poisoning from swallowing food that has been contaminated with bacteria, viruses, parasites, or toxic substances (chemical or natural). This contamination can occur at any point during the production, processing, distribution, or preparation of food. Researchers have identified more than 250 foodborne diseases. There are 15 pathogens that account of over 95% of all foodborne illnesses and deaths occurring in the United States.

Top 5 most common germs that cause illnesses from food eaten in the United States:

1. Norovirus
2. Salmonella
3. Clostridium perfringens
4. Campylobacter
5. Staphylococcus aureus (Staph)



GERMS MOSTLY LIKELY TO LEAD TO HOSPITALIZATION

CLOSTRIDIUM BOTULINUM (BOTULISM)
LISTERIA
ESCHERICHIA COLI (E. COLI)
VIBRIO

People most at risk of foodborne illnesses:

Food poisoning can affect anyone; however, there are certain groups more likely to get sick and to have more severe symptoms.

Children under the age of 5

Young children are still developing their immune system. Their body's ability to fight germs and illness is not as strong. The symptoms of food poisoning can be particularly dangerous for them as it can lead to dehydration and diarrhea. Children under 5 years old are three times more likely to be hospitalized if they get a Salmonella infection. Children diagnosed with an E. coli O157 infection are 14% more likely to have kidney failure.

Adults 65 or older

As people age, their immune systems and organs don't recognize and remove harmful germs as well as it once did. Nearly half of people aged 65 or older who are diagnosed with Salmonella, Campylobacter, Listeria, or E. coli are hospitalized.

People with weakened immune systems

People with immune systems weakened by medical conditions such as cancer, diabetes, organ transplants, kidney/liver disease, and HIV/AIDS, or by treatments such as chemotherapy, radiation, and dialysis are at a higher risk of food poisoning. They are more likely to have severe complications and trouble recovering from a foodborne illness. People on dialysis are 50 times more likely to get a Listeria infection.

Pregnant women

Hormonal changes during pregnancy alter a woman's immune system. Pregnant women are 13 times more likely to contract a Listeria infection than when not pregnant. A mother with listeria may only experience mild flu-like symptoms; however, Listeria can result in miscarriage, premature delivery and newborn infections that can be fatal.



People at risk should not eat the following:

- Undercooked or raw animal products (such as meat, poultry, eggs, or seafood)
- Raw or lightly cooked sprouts
- Unpasteurized (raw) milk and juices
- Soft cheese (such as queso fresco), unless it is labeled as made with pasteurized milk

Food poisoning is costly, public health issue:

A 2014 report by the USDA Economic Research Service estimates foodborne illnesses cost \$15.6 billion annually in the United States. This estimated cost accounts for associated outpatient and inpatient medical care, wage and productivity losses, and premature death expenses. This is a startling amount of money considering foodborne illnesses are preventable. It is very important to practice food safety.

Tips for protecting you and your loved ones from food poisoning:



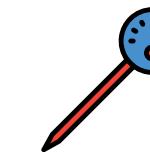
Wash your hands for at least 20 seconds before, during, and after preparing food or caring for the sick.



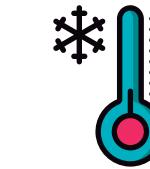
Clean kitchen surfaces often, including utensils, counter-tops, and cutting boards.



Separate raw meat, poultry, seafood, and eggs from ready-to-eat foods in shopping carts, refrigerators, and meal preparation areas.



Cook all foods to the right internal temperature to kill harmful germs and use a food thermometer to check.



Keep your refrigerator below 40°F. Refrigerate leftovers within 2 hours of cooking, or within 1 hour if it is over 90°F outside.



When you are sick, do not prepare food or care for other who are sick.

Sources: Centers for Disease Control and Prevention and the USDA Economic Research Service



FEATURED APPRENTICE

Dwayne "The Rock" Johnson once said, "Success isn't always about greatness. It's about consistency. Consistent hard work leads to success. Greatness will come."

Jessica Shields (Newcomerstown, Local 134) has shown a potential for greatness. With her consistent hard work and positive attitude, Jessica is making her way towards a successful career as a Laborer. Her incredible work ethic is why she was highly recommended to be our Featured Apprentice.

April Ogden, Regional Apprenticeship Coordinator explains, "Jessica is one of my best apprentices. She's a go-getter and a self-starter." April continues, "Jessica takes initiative to do what she needs to do. I've only gotten positive feedback from her business manager and her employers. She is not only a good apprentice – she is a good Laborer. She is what all Laborers should be like."

Jessica is currently working on a project for Integrity Kokosing Pipeline Services. On any given day, she could be setting skids, stringing pipes, or doing road

work. When asked what she likes best, Jessica responded, "All of it. I like changing it up every day and doing something different." Over being cooped up inside, Jessica prefers being outside and doing hands-on work. "I've always labored, since I graduated high school," she described. "I've always been into the hands-on stuff."

This preference led Jessica to work in oil fields straight out of high school. She enjoyed the active work but wanted something more. That was when she decided to join the Apprenticeship Program with the Ohio Laborers. Jessica found the job skills to be similar, and the Laborers came with "better pay and better benefits."

Local 134 Business Manager John Kistler is very pleased Jessica joined the Apprenticeship Program. "The best satisfaction of all, being a business manager, is when you send a contractor someone who you know is going to do a good job and allow them to be competitive and make money," explains John. "Anytime I send Jessica out, I have a big smile on my face because she is that kind of person."

The current mood in the industry is preparing for the future. "We are looking for good young people to be our next generation of Laborers," explains John. "I think the Apprenticeship Program is one of the best things the Laborers have done in a long time. As with anything in life, you have to continually get better, or you become irrelevant and go away. I think the Apprenticeship Program is our key to keep getting better and better." It is apprentices like Jessica that will give the Laborers a distinct advantage over the competition. "Jessica has maximized her position by being that person who shows up on time and gives it her best every day. I know she is going to go out there and give them 100%," said John.

The skills Jessica learns through the Apprenticeship Program and the Training Center give her more work opportunities. She is not limited to what she can do on the job site. Mike Hannum, Steward at Integrity Kokosing Pipeline Services, said, "It is great to have a person like Jessica. She comes to work early every day, ready to go. Whatever is asked, she does." Mike continues, "She fits in. I think that is the biggest thing. Jessica is able to do whatever we need her to do. We are very fortunate to have her, and we'd like to keep her as long as we can."

Jessica finds her home in Noble County. When she is not working, Jessica's time is spent with her son. "He keeps me pretty busy," explains Jessica, "I don't have much free time." They enjoy hunting and fishing together. Even with her busy schedule, Jessica tries to make time to be active with her Local. "I do whatever



they need me to, but it can be hard to get out there when you are working all the time."

Jessica's future plans are to continue her path with the Apprenticeship Program and gain more certifications and credentials. Jessica comments, "I am always taking classes at the Training Center. I've done all my A classes, my STPs, my OSHAs, and flagging." She hopes to keep working in pipeline. "I prefer to be outside, meeting new people, and doing different things," she explains. As Jessica continues to gain experience, she may one day run her own crew.

APPRENTICESHIP REQUIRED TRAINING

Mandatory classroom training is a vital piece to your development and success. When you're scheduled for training – whether working or not, you are required to attend at your scheduled time. You will be notified in advance of your scheduled classes. As a Laborer Apprentice, your classroom training hours go hand in hand with your pay – don't regret leaving dollars on the table. Make sure you attend classes to avoid termination from the apprenticeship program. As a reminder, you are required to attend 144 RTI classroom hours during the training season (mid-September through mid-May). When you complete your required training hours and work 1000 job site hours, your pay could increase by 10%. If it's your first time at the Training Center, get a virtual tour of the facility – by going to www.oltapp.com and clicking the "virtual tour" tab.

Contractors' Corner

Improving Safety to Improve Your Business

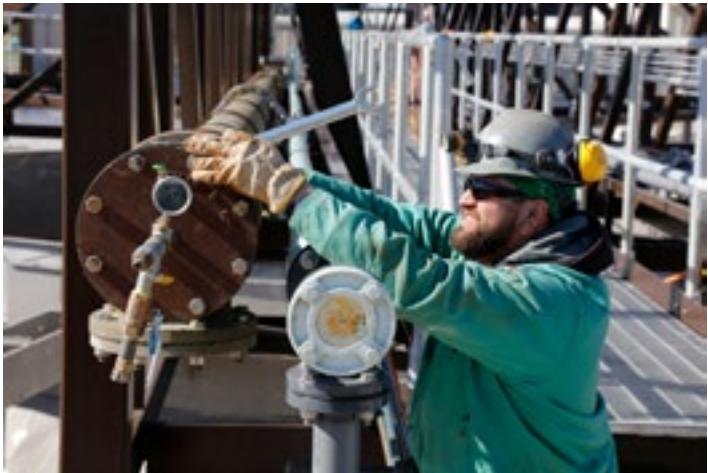
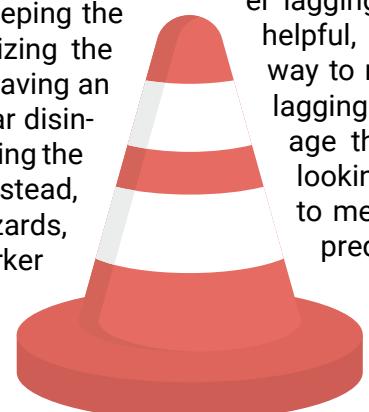
There is a perception among some in the construction industry that safety and productivity can't go hand in hand, that you must choose one or the other. Safety professionals are often asked to make the business case for safety. In other words, they're asked to show that safety is also profitable. But this approach fails to see jobsite safety as what it can be – a driver of productivity, morale, and overall company culture. Safety management and the success of a company's day-to-day operations can be closely linked; the challenge is viewing safety as a way to improve business instead of an obstacle to success. So what changes can contractors make, and how can they get workers on board?

Start at the Top

Whether your company is a giant national firm with a CEO or a small, 10 person company operating in a single city, a commitment to safety must start at the top. For example, who receives reports of injuries or close calls on your site – do these reports stop at the Safety Manager or do they go all the way to the company's owner? If management isn't sending the right message, that attitude trickles down to the rest of the business, and project managers, supervisors, and workers notice and act accordingly.

Use the Right Incentives

If your company offers incentives for keeping the jobsite safe, make sure you're incentivizing the right behavior. Offering rewards for not having an OSHA recordable injury can create a clear disincentive for workers to report injuries, making the jobsite seem safer than it actually is. Instead, offer rewards for workers who report hazards, who make suggestions to improve worker safety and health, or who successfully complete company safety trainings.



Avoid Blaming Workers for Injuries

Despite years of experience and training, workers can make mistakes, and injuries do happen. However, companies with strong safety programs recognize that other factors (often under the company's control) also contribute to those incidents. *"The most effective path to preventing injuries is to consider human errors as the consequences, rather than as causes, of operational failure,"* writes Dr. David Michaels, former OSHA Assistant Secretary of Labor. Companies that follow this approach use root cause investigations not to place blame, but to determine what happened, so that other workers aren't injured again in the same way.

Focus on Leading Indicators

As companies look for ways to reduce injuries, the focus often ends up on OSHA recordable injuries, lost workdays, experience modification rate (EMR), or other lagging indicators. While these metrics can be helpful, they aren't necessarily the most useful way to reduce future injuries. Focusing solely on lagging indicators like these can also encourage the underreporting of injuries. Instead of looking backwards, leading indicators attempt to measure a company's current operations to predict and prevent injuries before they happen. What counts as a leading indicator? Ideally, companies will select or develop their own based on observing their own operations, but some examples include

hazard identification, incident investigations, or the amount of time it takes to abate hazards or implement safer job processes.

Use a Safety and Health Management System

Also referred to as an injury and illness prevention program, safety and health management systems put processes in place that detail exactly how jobsite hazards will be assessed, mitigated, or abated to prevent workplace injuries. While the content of the program may vary from site to site, all successful programs involve worker participation, hazard assessment and control, education, and training and a method to continually evaluate and improve the program.

Look at OSHA Inspections Differently

Most contractors work to avoid OSHA inspections, but they can be very beneficial. Jobsite inspections often lead to major improvements in safety processes, and research shows inspections actually reduce injuries that trigger workers' compensation claims for up to four years. OSHA also offers an on-site consultation program for small businesses, which allows employers to find out about potential hazards in their workplace without triggering citations.

When companies take steps like these, it helps make safety simply a part of how work is done on the jobsite. Safety is not the job of only the Safety Manager or foremen. Safety is everyone's responsibility, and it has the potential to impact every aspect of your business.



Sources: *Laborers Health & Safety Fund of North America, Harvard Business Review*

The Laborers' Health & Safety Fund can assist you in developing a customized site safety plan and training that will help you reduce accidents and injuries and increase bidding opportunities in sectors that require comprehensive safety and drug-free workplace plans. The Fund's chief areas of focus include:

- Workplace safety and health
- Cost control for workers' compensation and health care
- Injury and illness prevention
- Federal and state regulatory design, implementation, and compliance

The Fund's certified health & safety professionals can provide on-site safety assistance free of charge to help you solve difficult safety problems. With a staff of industrial hygienists, benefits specialist, occupational health nurses, clinical social workers, and behavioral health experts, the Fund also provides advice via phone, fax, or email.

By utilizing the services and programs offered by the Laborers' Health & Safety Fund, you can lower costs and demonstrate good-faith efforts towards being a model employer.

For more information, contact Karl Jefferson, Field Coordinator, at (216) 287-0127.

RETIREE SPOTLIGHT



According to Pelé, professional soccer player, "Success is no accident. It is hard work, perseverance, learning, sacrifice and most of all, love of what you are doing or learning to do."

Hughie Boggs (Portsmouth, Local 83) is no stranger to these concepts. He loved his job, and he loved learning to do it. It is through his hard work, perseverance, learning, and sacrifice that Hughie found a great appreciation for his family, his life, and his home.

Start of a Career

Hughie joined the Laborers in the summer of 1976, at the age of sixteen. He got into laboring through watching his brothers. "I have four older brothers, all of them worked as Laborers and retired as Laborers," said Hughie. "Three worked out of Portsmouth and one out of Orlando." After graduating high school, Hughie went to college at Shawnee State University. Shortly after, he joined the military, serving in the Navy from 1982 - 1988. Hughie worked in the private sector for a few years, before rejoining Ohio Laborers in 1992. What had started out as a summer job with his brother, ultimately turned into a lifelong career.

Gaining Credentials

Hughie's favorite aspect of laboring was the ability to build something from the ground up. He enjoyed seeing the results of all the hard work put into a job after it was complete. Hughie was a frequent student at the Training Center. Hughie remembers, "My first class was an STP course. I was working for a chemical plant and needed the course to be able to work on the job." Years later, he was still taking courses to build his credentials and renew certificates. Hughie explains, "You needed to know all of it. Back then, you couldn't just specialize in one thing. You wouldn't have work." Hughie continues, "What I learned at the Training Center, made it so I could go on to teach there. They have a lot of good people there."

From Student to Teacher

It was at a hazardous waste renewal class that Hughie got word the Training Center was looking for a new instructor. After a few interviews, Hughie got the job and began teaching in Autumn of 2009. From asbestos and lead abatement to courses in advance and basic skills such as gunite and mason tending, Hughie taught any class they needed him to teach. He enjoyed it all. "The best thing about teaching was the students and getting to meet all different Laborers," explains Hughie. "I taught students from all different backgrounds. I taught guys and girls, young and old, from the north to the south, city and the country."

Teaching Challenges

Teaching did have some challenges as there were students that would want to rush through their courses. "It'd be difficult to get some students to understand the importance of what they were learning. There were students that just wanted to get it over with," describes Hughie. "It is important to take your time and really learn the material. These courses taught you safety. They taught you how to protect yourself and protect your job." Hughie comments, "Laboring is focusing more and more on technology. Training and safety are going to be even more important. Many guys are already going home counting all their fingers and toes. Happy they are all there."

Get Involved

A change Hughie would love to see in the industry would be for more people to get involved with their Local. "Don't just take their word for it, get out there and get involved," said Hughie. "It is so important to understand what is going on around you and to protect yourself and your livelihood." Local Union meetings give members the ability to voice their opinions.

Retirement Plan

After working hard for many years away from home, Hughie is spending his retirement with his family. He and his wife of 35 years, Angela, live in the same town Hughie grew up in -- Franklin Furnace, Ohio. Family is very important to Hughie. In December 2016, Hughie had a medical emergency that forced him to stop teaching and retire. Hughie is a proud grandfather of four wonderful granddaughters: Ali, Madi, Maci, and Bella Ann. He tries to spend as much time as possible with them. For many the biggest challenge with laboring is all the time spent away from family. "You work an 8-hour day with 5 hours traveling to and from the job site. It doesn't leave much time to be with your family. I want to be there for my granddaughters in a way I couldn't be with my children," Hughie explains.

With everything that has happened in his life, Hughie is grateful for this family and the career he had with the Ohio Laborers.



Hughie's granddaughters -
Maci, Madi, Ali and Bella Ann (Not pictured)



The Drexel J. Thrash Training Center in Howard, Ohio

Ready to Retire?

Meet With a Benefits Counselor

If you are thinking about retiring, now is the time to set up a benefit counseling session. A representative from the Fund Office will meet with you at your Local to explain the different options available and answer any questions you may have. You will want to meet with the Counselor approximately 90 days before you wish to receive your first pension check.

Are you not ready to retire quite yet, but you still want to understand your benefits so you can start planning? Benefits counseling is available to you too! A counselor can sit down with you the next time they are at your Union Hall to better educate you on the benefits that will be available to you when you are ready for your retirement.

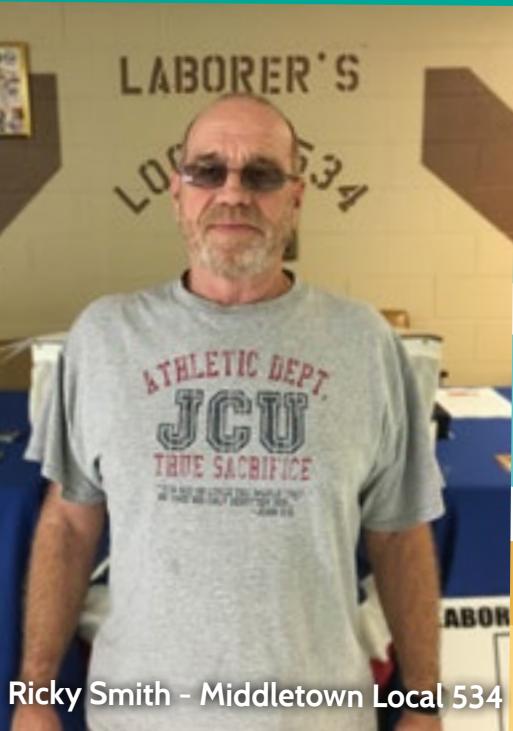
How to Schedule an Appointment

To schedule an appointment with a Benefits Counselor – call the Pension Department at 800-236-6437. We will collect the appropriate information and begin the next steps in the process of your retirement.

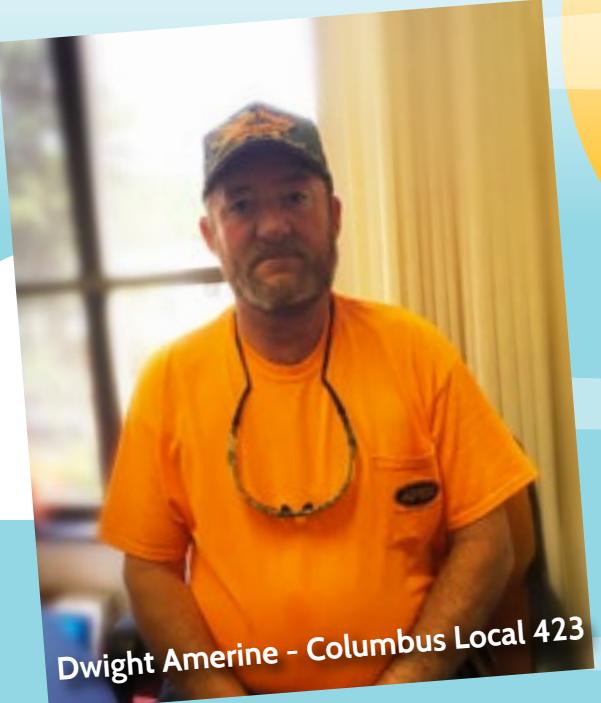
These Members Did - And You Can Too!



Melvin Ford - Cleveland Local 860



Ricky Smith - Middletown Local 534



Dwight Amerine - Columbus Local 423



Jimmy Oliver - Canton Local 1015



Valeria & Anthony Flewelton - Cleveland Local 860



Larry Miller - Cleveland Local 860

Reminders

From the Fund Office

ARE YOU ON DISABILITY MEDICARE?

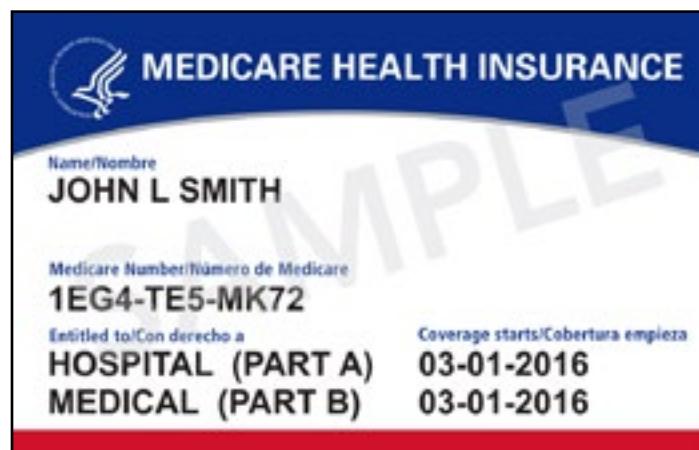
If you or one of your covered dependents are currently or soon to be eligible for Disability Medicare, it is important that you inform the Fund Office. Typically, when you begin receiving Social Security Disability Income, you become entitled to Medicare in the 25th month after your first check. Please send the Fund Office a copy of your Medicare card or the letter from Social Security Administration confirming your effective dates for Part A and Part B (if applicable). These may also be faxed to the Insurance Fund at **(614) 898-9176**, emailed to insurance@olfbp.com.

IMPORTANT:

Per our plan rules, if you are a retiree and you or your covered dependent has no other primary insurance coverage, you are required to elect Medicare Part B (medical) to enroll you or your covered dependent in our Humana Medicare Advantage Plan. Please refer to pages 30-32 and 69-71 of the Insurance Summary Plan Description for further explanation.

NOTE:

If you are an active laborer, you or your covered dependent may not be required to enroll in Medicare Part B.



If you have any questions regarding your Medicare coverage, please contact Medicare at **(800) MEDICARE**, **(800) 633-4227**. For questions regarding the plan rules as to whether or not you need to enroll in Part B, please contact the Fund Office at **(800) 236-6437**.

MEDICARE OPEN ENROLLMENT AND HUMANA

If you are currently enrolled in Ohio Laborers' Humana Medicare Advantage Plan and wish to continue this coverage, it is important that you do not sign up for any other plan during Medicare's open enrollment period. Open enrollment runs from October 15 through December 7, so expect to receive materials, emails, phone calls, etc. during this time. Remember, you are not required to do anything to remain enrolled in the Ohio Laborers' Humana Medicare Advantage Plan. If you have any questions about your insurance coverage, contact the fund office at **(800) 236-6437**.

NO COST DIABETIC TESTING SUPPLIES

Through the prescription drug benefit, eligible members and their dependents can receive many diabetic supplies at no cost. These supplies include –

- Insulin needles and syringes
- Lancets and devices (spring/powered)
- Blood glucose testing strips for home glucose monitors
- Normal, low, and high calibrator solution/chips
- Alcohol wipes

To receive any of these supplies, you just need a prescription from your physician.

NOTE: These diabetic testing supplies are subject to a mandatory mail order arranged by Envision Pharmacies. With this in mind, it is highly recommended you ask your doctor for a 90-day supply. You may also receive some glucometers brands at no cost through EnvisionRX without a prescription. For more detail about this service, contact EnvisionRX at **800-361-4542**.

QUITTING IS HALF THE BATTLE

Are you ready to commit to quit smoking? Quitting is the single most important step a smoker can take to improve their length and quality of life. Eligible members and their dependents have access to free over-the-counter and prescription smoking cessation medication through their prescription drug benefit. All you need is a prescription from your doctor – this includes prescriptions for the OTC medication.

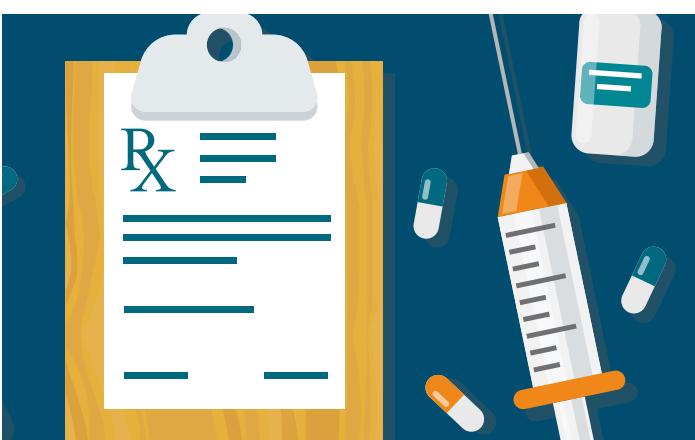


HEARING AID BENEFITS

Eligible members and their dependents have access to hearing aid services through HearUSA. HearUSA offers skilled, licensed hearing care providers with a wide range of products and styles. Services include a free annual hearing evaluation and coverage up to \$1200 per ear every 36 months. HearUSA offers a 3-year warranty including loss and damage on all hearing aids and a 2-year supply of hearing aid batteries with purchase. To take advantage of this service, call HearUSA at **800-442-8231** to schedule an appointment.

FLU SEASON IS BACK

The cost of the influenza virus vaccine is completely covered by the Fund for members once every calendar year. In addition, you are not responsible for costs associated with most standard immunizations.



THE RIGHT CARE AT THE RIGHT TIME

Rusty Hoffman co-founded Grand Rounds after his own family emergency. Hoffman's son had a sudden, serious illness. They visited multiple doctors, and no one knew how to help. Luckily, Hoffman eventually found someone who knew of a procedure that would save his son's life. From his experience, Hoffman helped create Grand Rounds. A place where families are always matched with the right doctors and receive the right care when they need it most.

Grand Rounds is a service the Insurance Fund provides to members at no cost. By signing up, eligible members and their dependents have access to personalized care plans from world-leading experts. They can answer all your questions concerning a new diagnosis or any existing condition.

Thinking about getting a second opinion? Grand Rounds offers a second expert opinion service allowing you to consider all your options. Even if you have already seen a doctor or specialist, a second opinion is extra protection for you and your loved ones to ensure the diagnosis received is thorough and correct. They can make sure the recommended treatments are in your best interest.

From a simple check-up to extensive surgery, Grand Rounds is the one-stop shop for all your family's medical needs. They can set up appointments, gather medical records, and handle all the details.

To sign up, visit www.grandrounds.com/ohiolaborers, or call the dedicated line at **(855) 802-1738**.



Ohio Laborers Benefits
800 Hillsdowne Road
Westerville, OH 43081

Meet Our New Staff



Tricia Watson -
Receptionist



Samantha Mitchell -
Communication Specialist



Kristin Berger -
IT Operations Support

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